



See **All of** ADHD

Your ADHD patients may still be struggling—
get a more complete picture of their experience.



With ADHD,

I'm **mostly** doing
okay, but I'm tired of
always trying so hard.

**Are your patients
struggling more
than you realize?**

**There's more to ADHD than the diagnostic symptoms
of inattention and hyperactivity/impulsivity.¹**

Even when these symptoms are managed, associated symptoms may cause problems as well.^{1*} Comorbidities with overlapping symptoms, such as depression and anxiety, may further complicate the picture.^{2,3}

*Diagnostic symptoms are included in the DSM-5-TR diagnostic criteria. Associated symptoms are separate from diagnostic symptoms but support a diagnosis of ADHD and can exacerbate the impairment patients already face with ADHD.

ADHD symptoms can disrupt patients' lives

The struggles patients face vary widely and can unfold differently based on age, gender, comorbidities, and beyond.^{4,5}

In addition, patients with ADHD who have co-occurring mood and anxiety disorders may suffer from a greater disease burden and more severe symptoms than patients with any of those disorders alone.⁶

UP TO
70% of adults

with ADHD struggle with emotional dysregulation^{7,8†}

†Clinic-based studies in adults with ADHD have reported emotional dysregulation prevalence estimates of 34%-70%.



***Associated symptoms* can also have an impact on patients.¹**

While diagnostic symptoms may be the most discernable symptoms of ADHD, associated symptoms are common and **can exacerbate the impairment patients with ADHD already face.^{1,9}**



Emotional dysregulation

- Mood swings
- Irritability or frustration intolerance
- Difficulty managing stress



Executive dysfunction

- Problems with planning, prioritizing, and time management
- Poor working memory



Social challenges

- Difficulty maintaining relationships
- Misinterpreting social cues
- Low self-esteem due to repeated academic, social, or occupational struggles

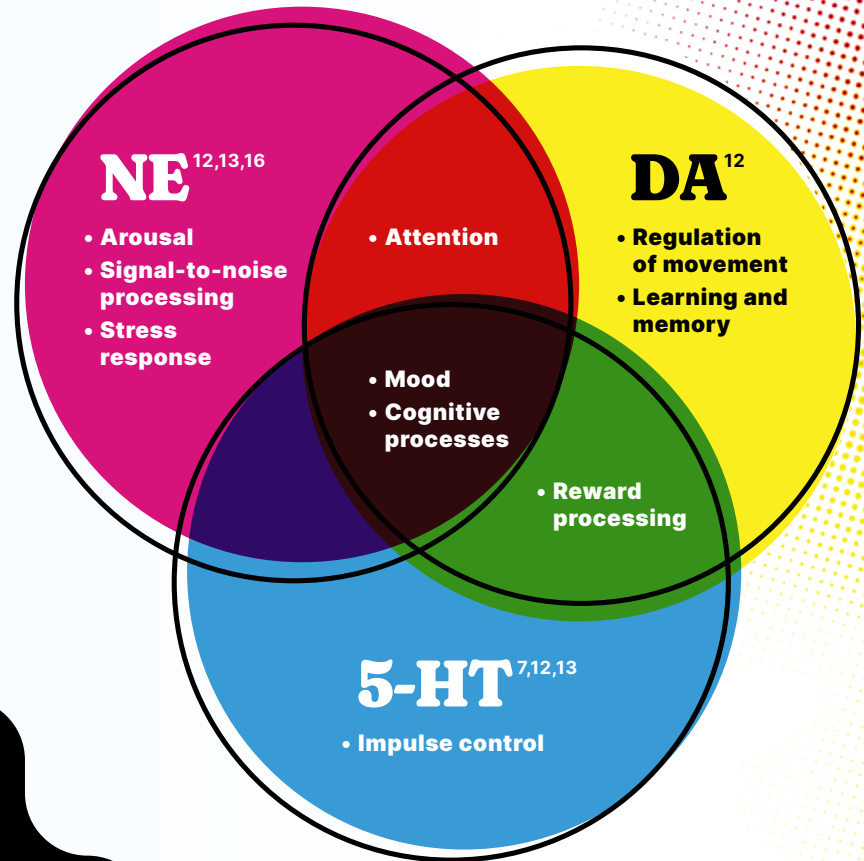


Sleep disturbances^{10,11}

- Trouble falling or staying asleep
- Irregular sleep patterns

Interactions among 3 neurotransmitters may play a role in the symptoms of ADHD^{13,14}

While the roles of **norepinephrine (NE)** and **dopamine (DA)** in ADHD are well studied, recent evidence suggests that **serotonin (5-HT)** is also pivotal in both the diagnostic and associated symptoms of ADHD.^{7,12,13} The interplay between these neurotransmitters may be responsible for the heterogeneity of ADHD symptoms within patients.^{14,15}



SCAN THE QR CODE
to experience what it's
like to live with ADHD.



Think you know ADHD?



Visit ***AllofADHD.com***

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All of ADHD

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