

Is there *more* to your patients' ADHD?

Your ADHD patients may still be struggling

ADHD diagnostic criteria focus on 3 symptoms: inattention, hyperactivity, and impulsivity.¹ Yet ADHD is a heterogeneous condition that may also present with a wide range of comorbidities and associated symptoms—including executive dysfunction—that contribute to patient burden.

As many as **58% of adults treated with ADHD medications may still experience impairments** in daily life.²

Watch for these *associated symptoms* of ADHD¹



Emotional dysregulation

- Mood swings
- Irritability or frustration intolerance
- Difficulty managing stress



Executive dysfunction

- Problems with planning, prioritizing, and time management
- Poor working memory



Social challenges

- Difficulty maintaining relationships
- Misinterpreting social cues
- Low self-esteem due to repeated academic, social, or occupational struggles



Sleep disturbances^{3,4}

- Trouble falling or staying asleep
- Irregular sleep patterns

The full burden of ADHD

It's important to consider all of your patient's ADHD, including associated symptoms. In addition, comorbidities with overlapping symptoms may further complicate diagnosis and treatment.^{5,6} Even when treated, ADHD may lead to chronic social, occupational, interpersonal, and health challenges that can cause a ripple effect within families and communities.¹ **Patients may be left wondering: Is it me or my ADHD?**

→ Up to **45% of children*** and **70% of adults**** with ADHD struggle with emotional dysregulation⁷

→ Up to **80% of adults** with ADHD have at least 1 comorbid psychiatric disorder⁸

→ **64% of children** with ADHD have at least 1 comorbid condition⁹

Ask your patients about associated symptoms to better understand the full scope of their ADHD experience.

*Clinic-based studies in children ages 4-18 with ADHD have reported emotional dysregulation prevalence estimates of 25%-45%.

**Clinic-based studies in adults with ADHD have reported emotional dysregulation prevalence estimates of 34%-70%.

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